



## Border Health Equity Transportation Study Resident Toolbox for Community Change

### ***San Ysidro Community Planning Group***

Opportunity to take part in the San Ysidro community planning process and share your opinion to fellow community members and City staff. Meetings are held the third Monday of every month at 5:30PM at the San Ysidro School District Education Center, Board Room, 4350 Otay Mesa Road.

San Ysidro Community Planner  
Sara Osborn - (619) 236-6368

San Ysidro Community Park Planner  
Howard Greenstein – (619) 525-8233

### ***Contact City Council District 8 Councilmember***

David Alvarez  
[davidalvarez@sandiego.gov](mailto:davidalvarez@sandiego.gov)

(619) 236-6688  
[www.davidalvarezsd.com](http://www.davidalvarezsd.com)

### ***City of San Diego Street Division Service Request***

Report an issue to the City related to one of the following problems:

- Alley Grading/Resurfacing
- Street Damage
- Sidewalk and/or Curb Maintenance
- Curb/Gutter Damage
- Streetlight Out
- Pedestrian/Handicap Ramp Damage
- Pothole
- Missing Traffic Sign
- Faded Striping (Crosswalk, Bike Lanes, Traffic Lanes)

Use one of the methods below to create a service request for repairs on street related issues:

- Call Street Division Customer Services at (619) 275-7500
- Submit a written description of the problem (<http://apps.sandiego.gov/streetdiv/>)
- Use online mapping system to identify a problem (<http://apps.sandiego.gov/streetdiv/>)

### ***Casa Familiar San Ysidro Sin Limites/Unlimited Program***

Grassroots community organization based in San Ysidro with 135 active members. Helps to establish local expertise and control over personal destinies and quality of life issues, which in turn relate a sense of community responsibility and accountability. The program allows for a vehicle or forum for community input and feedback on issues related to:

- Community Organizing
- Redevelopment
- Policy Development
- Community Visioning
- Urban Planning
- Other Community Topics

### ***Casa Familiar Promotoras***

The Casa Familiar Promotoras are an active group of community leaders that focus on physical activity and health promotion intervention to improve community members' health and wellbeing. Promotoras and Promotores are trained to instruct groups of 10-20 adults in 10 healthy lifestyle classes including: exercise, healthy eating, sleep, weight control, emotional health, family communication and relationships, self-esteem, depression, community advocacy, and disaster preparedness. Currently 5 exercise classes are offered at no cost, available 6 days a week.

The Promotoras are considering Safety Lighting along pedestrian corridors and Park Audits as their next coordinated projects.