Goals of the Presentation

- Link Department's Mission to Camps
- Describe Camp Programs
- Describe Youth in Camp
- Describe Effectiveness of Camp
- Show local camps as a cost effective alternative to out of county custody
- Introduce plans to better align camps with mission statement
Protect community safety, reduce crime and assist victims, through offender accountability and rehabilitation

- **Camps protect community safety through incapacitation**
  - Immediate
  - Short term

- **Long term community protection comes through evidence based practices provided while in camp**
  - Rehabilitation
  - Long term positive effect
Contracted with SANDAG in 2005 to complete thorough evaluation of two juvenile commitment facilities

Greater knowledge exists regarding effectiveness of community-based programming than in-custody

Only self-generated study of its kind identified to date across the country
Study Overview

- Selected sample of youth committed to two facilities in 2005/2006
- Measured
  - needs at entry
  - services received
  - outcomes over time
- Cost-effectiveness study of Camp Barrett
Juvenile Ranch Facility (JRF)

- Drug/alcohol and behavioral rehabilitative facility
- Average daily population of 145
- Housed in one of three dorms
- Male wards ages 12 to 17.5
- Average stay of 56 days, which varies by commitment type
- Services include cognitive-behavioral, character development, academics, mental health, parenting, and substance use
Camp Barrett

- Only minimum-security local placement option for youth 16.5 to 18 years of age
- Male wards with history of failed placements or serious offenses
- Average daily population of 143 in 2007
- Average stay of 137 days
- In addition to JRF services, training in life skills, leadership, work readiness
Description of Youth

**JRF**
- 5 prior arrests
- 2 sustained petitions
- 54% committed for new offense
- 21 risk factors
- 5 protective factors

**Camp Barrett**
- 7 prior arrests
- 3 sustained petitions
- 67% committed for new offense
- 22 risk factors
- 4 protective factors
Effectiveness of JRF (12 month follow up)

- No Arrests: 40%
- No Sustained Petitions: 60%
- Reduced Severity: 82%
Factors That Predicted Recidivism (True Finding) After JRF

- Received services related to substance abuse needs (youth with lower resiliency and greater criminal involvement)
- Instant offense other than probation violation
- Greater number of prior true findings
Effectiveness of Camp Barrett (12 month follow up)

- No Arrests: 38%
- No Sustained Petitions: 52%
- Reduced Severity: 76%
Factors That Predicted Recidivism After Camp Barrett

**Arrest**
- Greater number of risk factors at program entry

**True Finding**
- Received cognitive-behavioral services (youth with greater criminal involvement)
Facilities run by the state would have to be 150 to 300 percent more effective than Camp Barrett to receive the same rate of return on taxpayer’s investment.

<table>
<thead>
<tr>
<th>CYA/DJJ</th>
<th>Avg. Cost per Non-Recidivating Juvenile</th>
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$226,527
$632,209
$0
$100,000
$200,000
$300,000
$400,000
$500,000
$600,000
$700,000

Camp Barrett

Cost-Effectiveness
Armed with information from study we were ready to frame our next steps

Youth Surveys showed

- Improved family interaction
- Positive change in peer group
- Better attitude toward school
- Adult to turn to
- Realistic plans for the future

After camp experiences however were not as positive

- Returning to neighborhoods not conducive to re-entry
- No GED or diploma
- Unemployed and looking for work
- Continued substance use
Immediate

- Increase access of detained youth to his family
- Examine implementation of in-custody programs
- Strengthen aftercare services
- Expand incentives for compliance
Short-Term

- Strengthen linkages to education programs upon release
- Tailor in-custody educational programs to participant learning styles
Long-Term

- Augment in-custody programming with services to address unmet needs
- Increase services related to peers
- Consider utilizing trained therapists to provide services
- Provide practical employment training
Long-Term

- Evaluate impact of work readiness
- Cultivate community supports
- Increase availability of mental health services
Having an empirical understanding of
- Who is in the camps
- What they get while they are there
- How effective it is

Helped us to shape our next steps and align camp programming with our overall mission