Background

- Funded by National Institute of Justice since 1987
- Solely supported with local funds since 2004
- Interviews with adults and juveniles booked into local detention facilities
- Urinalysis identifies recent drug use
- Platform for other research
- Key data for variety of stakeholders
2018 Samples

- 467 adults
  - 303 males, 164 females
  - Average age 37.2 (range 18-79)
  - 49% White, 32% Hispanic, 15% Black, 3% other
  - 36% drug, 28% other, 23% violent, 12% property

#1: Most Adult Arrestees Positive for at Least One Drug

![Graph showing percent positive for any drug among males and females](image)
How Positive Drug Rates Have Changed with Legislative and Voter Initiatives

### Percent Testing Positive (Any Drug)

<table>
<thead>
<tr>
<th></th>
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<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Males</td>
<td>59%</td>
<td>58%</td>
<td>63%</td>
<td>71%</td>
<td>68%</td>
<td>76%</td>
<td>75%</td>
<td>79%</td>
<td>76%</td>
</tr>
<tr>
<td>Females</td>
<td>62%</td>
<td>63%</td>
<td>65%</td>
<td>69%</td>
<td>69%</td>
<td>69%</td>
<td>74%</td>
<td>73%</td>
<td>79%</td>
</tr>
</tbody>
</table>

### At Least Two-Thirds or More of Arrestees Positive for Any Drug

- **Any Drug**

- **Multiple Drugs**
  - Violent, Property, Drug, Other
#2: Meth Use at 19-Year High for Adult Arrestees

Recent Changes in Pattern of Meth Use by Ethnicity
Meth Availability: 2014 versus 2018

The Meth Using Arrestee

- Used 15 years
- Used 1 gram over the day last day used
- Used 3 times a day
- Used 14 days in a row (longest run in 30 days)
- Obtained 1.8 grams on average last time obtained for own use
- 62% used before going to work or school
- 42% have sold or been middleman
- 30% carried a weapon when they obtained meth
Meth Use and Mental Health Issues

Meth-Mental Health Group of Arrestees

- More females
- Fewer Hispanics
- More likely homeless
- Lengthier criminal history

#3: Marijuana Use Up for Adult Males

Percent Positive (Marijuana)

- Males
- Females
Most Adult Arrestees Who Tested Positive for Marijuana, Positive for Another Drug as Well

- Only Marijuana: 37%
- Marijuana +: 63%

Most Adults Say Marijuana Potency Has Increased Since They Started Using It

- Increased: 71%
- Stayed the same: 19%
- Decreased: 10%
Dabbing and Vaping THC Up for Both Adults and Juveniles

About Half of Adult Arrestees Reported Obtaining Marijuana Multiple Ways Over the Last 12 Months
Recreational Dispensaries and On the Street Almost Equally Preferred by Arrestees

Preferred Source for Marijuana

- Recreational Dispensary: 35%
- Medical Dispensary: 18%
- Delivery: 12%
- Street: 32%
- Other: 3%

Convenience Most Often Cited Across Distribution Types as Driving Preference

- Recreational Dispensary:
  - Convenient: 53%
  - Quality: 27%
  - Easier: 26%
  - Legal: 11%

- Medical Dispensary:
  - Convenient: 38%
  - Easier: 35%
  - Quality: 19%
  - Legal: 15%

- On the Street:
  - Easier: 73%
  - Convenient: 41%
  - No Tax: 10%
  - Cheaper: 8%
### Adult Arrestees Vary on Perception of Marijuana’s Effect on One’s Driving Ability

<table>
<thead>
<tr>
<th>Perception of Marijuana’s Effect</th>
<th>Percentage</th>
<th>Ever Driving Under the Influence of Marijuana</th>
</tr>
</thead>
<tbody>
<tr>
<td>Marijuana does impact one’s driving</td>
<td>56%</td>
<td>51%</td>
</tr>
<tr>
<td>Marijuana does NOT impact one’s driving</td>
<td>44%</td>
<td>63%</td>
</tr>
</tbody>
</table>

### More Arrestees Reporting Having Visited the ER for an Issue Related to Marijuana

<table>
<thead>
<tr>
<th>Year</th>
<th>Number of Arrestees Visiting ER (of Total)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2016</td>
<td>0 (of 121)</td>
</tr>
<tr>
<td>2017</td>
<td>3 (of 378)</td>
</tr>
<tr>
<td>2018</td>
<td>8 (of 366)</td>
</tr>
</tbody>
</table>
#4: Percent Positive for Opiates Up Over Time

Younger Arrestees Now More Likely to Test Positive for Opiates
Prescription Drug Use Before Heroin Use

29% hooked on prescription first

82% use Rx as a substitute
OxyContin & Vicodin most common
Switched because cheaper (61%) & easier to get (48%)

If you Knew a Drug Contained Fentanyl, Would You Purchase It?

69% No
Why?
- Dangerous (55%)
- Don’t know what it is (19%)
- Not drug of choice (13%)

31% Yes or Don’t Know
Why?
- Strong high (74%)
- Drug of choice (12%)
- Help with pain (6%)
- Cheap (6%)
- Curious (3%)
#5: Homelessness and Housing

Key Issues

Currently homeless

<table>
<thead>
<tr>
<th>Year</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>2008</td>
<td>10%</td>
</tr>
<tr>
<td>2018</td>
<td>39%</td>
</tr>
</tbody>
</table>

Ever homeless

<table>
<thead>
<tr>
<th>Year</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>2008</td>
<td>44%</td>
</tr>
<tr>
<td>2018</td>
<td>66%</td>
</tr>
</tbody>
</table>

New Questions Added in 2018

- 77% first homeless in San Diego County
- Average age first homelessness 26.0
- 59% homeless more than once
- 23% say will be homeless in year from now
  - 58% because can’t afford housing and
  - 42% because like living on street
- Reasons for first homelessness:
  - Money, drugs, loss of job
- 18% had used a shelter in last year
  - Those who didn’t noted restrictions, safety concerns, wait lists, inability to bring someone or something, and other reasons
#6: Drug Use Affects Everyone

<table>
<thead>
<tr>
<th>Percent of Arrestees Who Tested Positive for Any Drug and…</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Have children</td>
<td>57%</td>
</tr>
<tr>
<td>Went to work drunk/high last year</td>
<td>47%</td>
</tr>
<tr>
<td>Committed a crime to support drug habit</td>
<td>36%</td>
</tr>
<tr>
<td>Had a Child Welfare Services case</td>
<td>35%</td>
</tr>
<tr>
<td>Missed work because of alcohol/drugs last year</td>
<td>27%</td>
</tr>
<tr>
<td>Ever visited ER because of alcohol/drugs</td>
<td>24%</td>
</tr>
<tr>
<td>Ever had an overdose</td>
<td>18%</td>
</tr>
</tbody>
</table>

Instrument additions in 2019

- Vaping
- Types of drugs brought across the border and why
- Parental marijuana use
- Need for Naloxone: who administered, and number of times used
- Psychiatric episodes following drug use
- Kratom
Substance Abuse Monitoring (SAM) 2018 Data Update

Cynthia Burke, Ph.D.
January 2020
San Diego Trafficking Prevention Collective

Sex Trafficking in San Diego
Research Funded by the National Institute of Justice

$810m Underground Sex Industry
- 110 gangs involved

Traffickers:
- White, Hispanic, Black, Asian
- Average trafficker earnings = $670k/yr
- 85% of facilitators were gang-affiliated

Victims:
- 3,417-8,108 victims in San Diego
- 97% female
- 80% domestic born
- White, Hispanic, Black, Asian
- Average age of entry = 16

Recruitment:
- High Schools across the county
- Homeless & runaway youth
- Foster care youth
San Diego Trafficking Prevention Collective

The San Diego Trafficking Prevention Collective brings together three unique anti-trafficking programs: PROTECT, kNOw MORE and Project Roots to decrease the number of children being trafficked in San Diego.

The San Diego Trafficking Prevention Collective is a multistage educational program that combines early childhood education, participatory theater, and classroom-based curriculum to decrease the number of children involved in human trafficking within San Diego County. The Collective is locally sponsored in partnership with the San Diego County District Attorney’s Office and funded by UBS Optimus Foundation under a three year grant.
PROTECT
Prevention Organized to Educate Children on Trafficking

PROTECT (Prevention Organized to Educate Children on Trafficking) is a scalable human trafficking prevention education program that teaches students and teachers the signs and tactics of traffickers so they can better protect themselves and others from victimization.

PROTECT provides educators with online trainings, downloadable elementary, middle, and high school curricula, and vetted resources to deliver prevention education directly to their students while also trains teachers how to identify when a child is at-risk or being trafficked to connect them to the resources they need.

kNOw MORE

kNOw MORE is a student centered human trafficking awareness and prevention curriculum for middle school and high school children from diverse communities in San Diego. It provides an interactive multimedia training for students and their families.

Through roleplay, discussion and information, participants develop techniques to recognize the red flags and vulnerabilities around trafficking.
Project ROOTS

Project ROOTS: Is an after-school intervention that aims to build the resilience of vulnerable children aged 8 – 12 through the provision of group mentoring and coping skills within a safe and trusted environment.

- Gender-transformative, Gender-synchronized
- Violence Prevention
- Social Emotional Learning
- Mentorship

The San Diego Trafficking Prevention Collective – A Unique Group –

• Establish protocols for schools and districts that supports Mandated Reporting
• Develop referral networks to safeguard our children
• Provide comprehensive programs that go above and beyond the legal mandate
• Readily address red flags and root causes
Working with the School Districts

Challenges:
• Asking more of our teachers
• Labor laws around teacher time
• Packed school year calendars
• Diverse systems in a Public-Private partnership

Solutions:
• Free CEUs through partnership with University of San Diego
• Financial support to fund substitute teachers and stipends of teachers’ time
• Scheduling one year ahead of time

School District Involvement and Program Training to Educators

27 - School Districts

1. Borrego Springs Unified
2. Cajon Valley Union
3. Carlsbad Unified
4. Chula Vista Elementary
5. Coronado Unified
6. County Office of Education
7. Escondido Union High
8. Fallbrook Union High
9. Grossmont Union High
10. Jamul-Dulzaura Union
11. Julian High
12. La Mesa-Spring Valley
13. Lemon Grove
14. Mountain Empire Unified
15. Oceanside Unified
16. Poway Unified
17. San Diego Unified
18. San Dieguito Union High
19. San Marcos Unified
20. San Pasqual Union
21. San Ysidro Elementary
22. Santee
23. South Bay Union
24. Spencer Valley
25. Sweetwater Union High
26. Vallecitos Elementary
27. Vista Unified
Stay Informed!

An educated student is a protected student.

Follow and connect with the San Diego Trafficking Prevention Collective

- www.SanDiegoTPC.org
- info@SanDiegoTPC.org
- @SanDiegoTPC
- SanDiegoTraffickingPC
DRUG MEDI-CAL ORGANIZED DELIVERY SYSTEM

Health and Human Services Agency
Dr. Nicole Esposito - Behavioral Health Services - Assistant Clinical Director

PREVALENCE, UTILIZATION & ACCESS

- In San Diego County, 1 in 8 individuals has a Substance Use Disorder (SUD)
- ED visit rates increased by over 20% in the last 5 years for alcohol related disorders
- Just 10% of individuals who would benefit from SUD treatment receive it
THE VISION

SUD into Mainstream Healthcare

Chronic Care Management

EBP Evidence-Based Practices

DRUG MEDICAL ORGANIZED DELIVERY SYSTEM (DMC)

Quality and Outcomes

Access and System Growth

Sustainability

OUTCOMES: THREE DOMAINS

Volume

• Are we serving more people?

Clinical Quality

• Are people getting better care?

Fiscal Investments

• Are our investments making a difference in people’s lives?
VOLUME: UNIQUE CLIENTS SERVED FY 18/19

Unique Individuals Served
- 12,500 in Outpatient & Residential
- 4,600 in OTPs*

Primary Use Reported
- 36% Meth
- 84% Heroin

Characteristics of Individuals Served in Outpatient and Residential
- 38% Homeless
- 36% Co-Occurring Mental Health
- 58% Justice Involved

*OTP (Opioid Treatment Program)

VOLUME: SERVICE DELIVERY

Recovery Residences
- Over 1,400 individuals received safe, short-term housing

Case Management
- Over 6,700 individuals received services
QUALITY: ACCESS TO SERVICES

19%
• Increase in residential bed capacity, including withdrawal management beds

92%
• Outpatient requests offered services within 10 business days

95%
• Individuals in OTPs* received their first medication administration within 3 business days of initial contact

*OTP (Opioid Treatment Program)

QUALITY: CLINICAL ASSESSMENTS

Whole Person Assessments
• Links to individualized care plans
• 90 percent of active clinical staff trained in gold standard ASAM method
QUALITY: CARE CONNECTIONS

Residential Discharges
Connected to Services within 30 Days

<table>
<thead>
<tr>
<th>Quarter</th>
<th>1st Quarter FY 18-19</th>
<th>2nd Quarter FY 18-19</th>
<th>3rd Quarter FY 18-19</th>
<th>4th Quarter FY 18-19</th>
<th>1st Quarter FY 19-20</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>20%</td>
<td>28%</td>
<td>32%</td>
<td>32%</td>
<td>32%</td>
</tr>
</tbody>
</table>

FISCAL SUSTAINABILITY: INVESTMENTS

FY 2018-19 Investment: $102M
SHIFTING THE SYSTEM

Ramp Up
Volume & Utilization
Shift in Philosophy
Data & Facility Infrastructure
Staffing

QUESTIONS & DISCUSSIONS

Thank-you,
Nicole Esposito, MD
nicole.esposito@sdcounty.ca.gov