PUBLIC SAFETY COMMITTEE AGENDA

Friday, December 9, 2011
1 to 3 p.m.
SANDAG Board Room
401 B Street, 7th Floor
San Diego

AGENDA HIGHLIGHTS

• SAN DIEGO COUNTYWIDE POWER OUTAGE: AFTER ACTION REPORT

• MENTAL ILLNESS, HOMICIDE, AND SELF-HARM: PREVENTION, INTERVENTION, AND COMMUNITY STATISTICS

PLEASE TURN OFF CELL PHONES DURING THE MEETING

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Welcome to SANDAG. Members of the public may speak to the Public Safety Committee on any item at the time the Committee is considering the item. Please complete a Speaker’s Slip, which is located in the rear of the room, and then present the slip to Committee staff. Members of the public may address the Committee on any issue under the agenda item entitled Public Comments/Communications/Member Comments. Public speakers are limited to three minutes or less per person. The Public Safety Committee may take action on any item appearing on the agenda.

This agenda and related staff reports can be accessed at www.sandag.org under Meetings. Public comments regarding the agenda can be forwarded to SANDAG via the e-mail comment form available on the Web site. E-mail comments should be received no later than 12 noon, two working days prior to the Public Safety Committee meeting. Any handouts, presentations, or other materials from the public intended for distribution at the Public Safety Committee meeting should be received by the Clerk of the Board no later than 12 noon, two working days prior to the meeting.

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PUBLIC SAFETY COMMITTEE
Friday, December 9, 2011

ITEM #  RECOMMENDATION
1. ROLL CALL

+2. APPROVAL OF THE OCTOBER 21, 2011, MEETING MINUTES APPROVE

3. PUBLIC COMMENTS/COMMUNICATIONS/MEMBER COMMENTS

Members of the public shall have the opportunity to address the Public Safety Committee (PSC) on any issue within the jurisdiction of SANDAG that is not on this agenda. Anyone desiring to speak shall reserve time by completing a “Request to Speak” form and giving it to the PSC coordinator prior to speaking. Public speakers should notify the PSC coordinator if they have a handout for distribution to committee members. Public speakers are limited to three minutes or less per person. PSC members also may provide information and announcements under this agenda item.

REPORTS

4. REPORT FROM CHIEFS'/SHERIFF’S MANAGEMENT COMMITTEE INFORMATION
   (Chief John Bolduc, Chiefs'/Sheriff’s Management Committee)

Chief John Bolduc will report on the December 7, 2011, meeting of the Chiefs’/Sheriff’s Management Committee.

5. REPORT FROM THE SAN DIEGO COUNTY FIRE CHIEFS ASSOCIATION INFORMATION
   (Chief Tony Michel, San Diego County Fire Chiefs Association)

Chief Tony Michel will report on the November 3, 2011, meeting of the San Diego County Fire Chiefs Association.

6. SAN DIEGO COUNTYWIDE POWER OUTAGE: AFTER ACTION REPORT INFORMATION
   (Herman Reddick, Assistant Director, San Diego County Office of Emergency Services)

The San Diego County Office of Emergency Services (OES) is responsible for alerting and notifying appropriate agencies when disaster strikes; coordinating all agencies that respond; ensuring resources are available and mobilized in times of disaster; developing plans and procedures for response to and recovery from disasters; and developing and providing preparedness materials for the public. On September 8, 2011, SDG&E experienced a sequence of events that led up to the Pacific Southwest major power outage. An overview of efforts taken and lessons learned from this event will be provided.
7. LAW ENFORCEMENT’S RESPONSE TO MENTAL ILLNESS AND PSYCHIATRIC EMERGENCIES (Assistant Chief Boyd Long, San Diego Police Department)

With the number of homicides reported in the San Diego region increasing in the first half of 2011, additional focus has been placed on the number of combined homicide/suicide incidents that may be contributing to this jump in numbers. Assistant Chief Long will share recent statistics regarding law enforcement calls for service related to mental health issues in the City of San Diego and provide an overview of how local law enforcement works collaboratively with mental health providers to respond to these types of calls.

8. HOMICIDES AND SUICIDES IN SAN DIEGO COUNTY - THE MEDICAL EXAMINER PERSPECTIVE (Dr. Jonathan Lucas, County of San Diego Medical Examiner’s Office)

The Medical Examiner’s Office in San Diego County is empowered and required to investigate all sudden and unexpected deaths in the county, including all homicides and suicides. Dr. Lucas will present patterns and trends of homicides and suicides in San Diego County, and will specifically address combined homicide/suicide incidents, along with preliminary statistics from 2011.

9. SAN DIEGO COUNTY’S SUICIDE PREVENTION ACTION PLAN (Jennifer Schaffer, County of San Diego Health and Human Services Agency; and Holly Shipp, Community Health Improvement Partners)

Based on the premise that suicide can be prevented, the County's Health and Human Services Agency, in partnership with a variety of community stakeholders, recently released a new Suicide Prevention Action Plan. An overview of this plan and a description of how it fits in as part of the County's "Live Well, San Diego!" initiative will be provided.

10. UPCOMING MEETINGS

The next meeting of the PSC is scheduled for Friday, January 20, 2012.

11. ADJOURNMENT

+ next to an agenda item indicates an attachment
PUBLIC SAFETY COMMITTEE DISCUSSION AND ACTIONS
Meeting of October 21, 2011

1. ROLL CALL

Chair Mark Lewis (East County) called the Public Safety Committee (PSC) meeting to order at 1:00 p.m. Call was taken and a quorum was present. See last page for attendance.

2. APPROVAL OF MEETING MINUTES

Upon a motion by Councilmember Marti Emerald (City of San Diego) and a second by Councilmember Rebecca Jones (North County Inland), the minutes of September 16, 2011, were unanimously approved.

3. PUBLIC COMMENTS/COMMUNICATIONS/MEMBER COMMENTS

Councilmember Emerald commended the San Diego Police Department on their handling of "Occupy San Diego."

REPORTS

4. FISCAL YEAR 2012 BUDGET AMENDMENT: INTERREGIONAL JUSTICE DATA SHARING (RECOMMEND)

Upon a motion by Councilmember Emerald and a second by Councilmember Jones, the PSC recommended that the SANDAG Board of Directors approve an amendment to the FY 2012 Program Budget to increase funding by $1,086,000 from $1,367,368 to $2,453,368 for work element 3400800.

5. NEW ARJIS GRANT: SOUTHWEST OFFENDER REAL-TIME NOTIFICATION (APPROVE)

Upon a motion by Supervisor Greg Cox (County of San Diego) and a second by Sheriff William D. Gore (San Diego County Sheriff), the PSC approved acceptance of a $275,000 grant from the Bureau of Justice Assistance to develop a multi-jurisdictional application, the Southwest Offender Real-Time Notification; and authorized the Executive Director to execute the associated grant agreement.
Upon a motion by Councilmember Emerald and a second by Councilmember Jack Feller (North County Coastal), the PSC approved an amendment to the FY 2012 Program Budget to accept $121,955 in funding for new work element 2345900, Senate Bill 678 Revocation Reduction Evaluation.

Upon a motion by Sheriff Gore and a second by Vice Chair Cheryl Cox (South County), the PSC approved an amendment to the FY 2012 Program Budget for work element 2351200, Community Assessment Team Plus, to close out the expired grant and accept the new grant for $257,853, which extends into FY 2013.

Upon a motion by Supervisor Cox and a second by Councilmember Jones, the PSC recommended that the Executive Committee include the proposed public safety-related goals discussed in this report in the 2012 Legislative Program.

Deputy Chief Kim Broderick (San Diego County Probation Department) and Commander Will Brown (San Diego County Sheriff’s Department) presented an overview of the realignment implementation plan shifting responsibility from the state to counties for detention of non-violent, non-serious, non-sex offenders who would have gone to state prison previously, as well as supervision for other offenders who would have previously been supervised by parole.

The next meeting of the PSC is scheduled for Friday, November 18, 2011.

The PSC meeting was adjourned at 2:01 p.m.
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<tr>
<th>JURISDICTION</th>
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<th>MEMBER/ ALTERNATE</th>
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<tr>
<td>East County</td>
<td>Hon. Mark Lewis-Chair</td>
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<td>Hon. Jillian Hanson-Cox</td>
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<td>North County Coastal</td>
<td>Hon. Jack Feller</td>
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<td></td>
<td>Hon. Kristin Gaspar</td>
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<td>South County</td>
<td>Hon. Cheryl Cox-Vice Chair</td>
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<td></td>
<td>Hon. Rosalie Zarate</td>
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<td>Hon. Rebecca Jones</td>
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<td></td>
<td>Hon. Steve Gronke</td>
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<tr>
<td>City of San Diego</td>
<td>Hon. Marti Emerald</td>
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<td></td>
<td>Hon. Todd Gloria</td>
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<td>County of San Diego</td>
<td>Supervisor Greg Cox</td>
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<td></td>
<td>Chief John L. Browning</td>
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<td>Chief David Bejarano</td>
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<td>Donna Faller</td>
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<td>Herman Reddick</td>
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<td>Bonnie Dumanis</td>
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<td>Paula Robinson</td>
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<td>Bill Burke</td>
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<td>County Public Safety</td>
<td>Mack Jenkins</td>
<td>Member</td>
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<td>Kim Broderick</td>
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<td>Department of Defense</td>
<td>Joseph Stuyvesant</td>
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<td>Colonel Nicholas Marano</td>
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<td>Federal Public Safety</td>
<td>Keith Slotter</td>
<td>Member</td>
<td>NO</td>
<td>Robert Howe</td>
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<td>Michael J. Aguilar</td>
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<td>Blair Perez</td>
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<td>Laura E. Duffy</td>
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<td>Steven Stafford</td>
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<td>John A. Garzon</td>
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<td>Rick Abend</td>
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<td>Southern CA Tribal Chairmen's Association (SCTCA)</td>
<td>Stephanie Spencer</td>
<td>Member</td>
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<td>LaVonne Peck</td>
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Significant Events

- 3:38pm San Diego County began experiencing widespread power outages.
- Between 3:50pm to 5:30pm, the OAEOC and 16 of the 18 incorporated city EOCs activated.
- 4:42pm – County of San Diego Proclaims a Local Emergency
  ◦ Additional Proclamations: Chula Vista, National City, and San Marcos
- Joint Information Center (JIC)
  ◦ 4:50pm – Initial Press Release
  ◦ 5:50pm – 2nd Press Release – Announces unified 8pm Press Conference
  ◦ 9:35pm – 3rd Press Release – School advisories, precautionary boil water notices, etc.
- 3:19am – SDG&E reports power restored countywide
• Communications
  ◦ 911/Dispatch/800 MHz Radio Systems able to continue operations.
  ◦ Widespread traffic signal outages.
• Fuel
  ◦ Kinder Morgan pipeline lacked power to operate.
  ◦ Gas stations closed due to lack of electricity to operate pumps.
• Health Care
  ◦ Hospitals operated normally; increased volume at ERs.
• Water
  ◦ Water flow maintained by all regional water agencies.
• Wastewater
  ◦ All stations maintained operations except for two pump stations.
• Transportation
  ◦ Trolley inoperable; Train/Bus Service operational.
  ◦ Airport – Planes continued to land but none were able to take off.

**Lifelines Emergency Coordination Group (LECG)**

• 27 campaigns activated to alert the public and hosted lists.
• 551,000 contacts were attempted
  ◦ ~ 65% reached

<table>
<thead>
<tr>
<th></th>
<th>Outdial Completed Successfully (%)</th>
<th>Outdial Network Error (%)</th>
<th>Outdial No Answer (%)</th>
<th>Email Completed Successfully (%)</th>
<th>SMS Completed Successfully (%)</th>
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<td>Hosted List - Power Out</td>
<td>90.64</td>
<td>45</td>
<td>25</td>
<td>96</td>
<td>78.4</td>
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<td>Mapping - Power Out</td>
<td>30</td>
<td>45</td>
<td>25</td>
<td>98</td>
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<td>Hosted List - Power Restored</td>
<td>92.7</td>
<td></td>
<td></td>
<td>100</td>
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<td>Mapping - Power Restored</td>
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<td>19</td>
<td>22</td>
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<td>Mapping - 2007 San Diego County Firestorms (avg)</td>
<td>33</td>
<td>27</td>
<td>22</td>
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**AlertSanDiego**
• Continued Training
  ◦ WebEOC
  ◦ “EOC 101”
  ◦ EOC Position Specific Training

• Staffing and Workspace

• Technology and Communications Capabilities

OAEOC Identified Trends for Improvement
CRISIS CALLS
San Diego Association of Governments (SANDAG)

Boyd Long
Assistant Chief
San Diego Police Department
December 2011

Background

- Calls for persons in crisis have been increasing annually since 2008
- Calls include: 11-45, 11-45T, 51-50, 51-50V, PERT & PERTR
- This only refers to calls dispatched as one or more of the listed codes
- The data does not capture the calls that are determined to be crisis related following the initial response
Suicide Background

Source: SD County 2011

One Day Examples

- **November 22, 2011**: 1,321 calls for service dispatched in a 24 hour period.
  - 11 calls for person(s) in crisis
  - 2 of note:
    - IH# P11110038036-Carroll Canyon NW
    - IH# P11110038074-28th Street over SR94
  - Resources deployed
    - Officers/Emergency Negotiation Team (ENT)/Canine
    - Time
- **April 26, 2010** at 1042 hours
Department & Regional Resources

- Psychiatric Emergency Response Team (PERT), partnering mental health professional with law enforcement (regional)
- Homeless Outreach Team (HOT) Partnership with PERT and HHSA professional.
- Crisis Response Team Training
- PERT Academy (330)
- Serial Inebriate Program-Chronic Alcoholics
- County of San Diego Suicide Prevention Campaign
- Department Procedure Changes

The Future

- Continue to send officers, dispatchers, probation and law enforcement personnel through the PERT Academy
- Continue building on relationship with County HHSA, County Mental Heath an LPS Hospital/Facilities
- Develop a more robust relationship with National Alliance on Mental Illness and their over 20 partners
- Identify additional funding sources to increase the number of PERT Clinicians
“Call Before Crisis”

- One succinct message
- Educate the public about the resources available
- Encourage the public to make the call at the first sign of a problem
- Strengthen partnerships with other public and private agencies
- Lessen the stigma associated with mental illness

Questions?

Boyd Long
Assistant Chief
San Diego Police Department
(619) 531-2745
Homicides and Suicides in San Diego County

The Medical Examiner Perspective

Jonathan Lucas, M.D.
Deputy Medical Examiner

The ME’s Office: Facility

County Operations Complex
5570 Overland Ave., Suite 101
Jurisdiction

- All sudden and unexpected deaths
- All deaths due to non-natural means
- Deaths of public health concern
- Deaths occurring more than 3 weeks after being seen by a doctor

20,000 deaths/yr
3,000 cases/yr

No call; 10,000
Waived; 7,000
Autopsied; 2,000
Not autopsied; 1,000
Suicides by Year, 1988 – 2011
(Incomplete 2011 data)

N=8,187 (incomplete 2011 data)
Suicides by Method: 1988 - 2011

Suicide Method by Year: 1988 - 2011

N=8,187 (Incomplete 2011 data)
Suicide Rates by Age and Sex, 2010

Number of Decedents

Suicide Rates by Age and Sex, 2010

Age Group

Male
Female
Total

15-19
6.5
6.0
5.9

20-24
18.7
11.7
14.5

25-29
14.5
8.8
11.1

30-34
10.0
9.5
10.2

35-39
31.0
30.0
30.5

40-44
41.0
39.0
40.0

45-49
29.2
25.0
27.1

50-54
15.5
16.7
16.1

55-59
16.7
16.7
16.7

60-64
29.2
29.2
29.2

65-69
73.4
73.4
73.4

70+ *

N=372
*Rates not calculated for 5 or fewer cases

Relative Methods of Suicide by Gender, 1997-2011 Cumulative

(Incomplete 2011 data)

Female
Male

Firearm
1781
395

OD/Poison
882
476

Asphyxia
253
102

Hanging
459
24

Cut/Stab
259
124

Other

124
395

Other

24
102

100%
90%
80%
70%
60%
50%
40%
30%
20%
10%
0%
Homicide
Homicide Mechanism by Year: 1988 – 2011

(N incomplete 2011 data)

N=4,038
Excludes Legal Intervention

Relative Methods of Homicide by Gender, 1997-2011 Cumulative

(Incomplete 2011 data)

N=1,691
Excludes Legal Intervention
Homicide/Suicide Events
- 2001: 4 person incidents occurred in March then April

- 2011: 4 person incidents occurred in May then June
Take Home Messages

- Suicide rate has generally declined over last 20 years, but in last 5 years has generally increased (economy?)
  - Group with highest rate of suicide is men 85 and older.
  - Men tend to use more violent means of suicide compared to women (Gunshot wound, Motor vehicle crash).
  - We are seeing a small increase in homicides this year compared to last year, primarily due to female homicides. However, we are still at record lows.
Take Home Messages

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• We are seeing a small increase in homicides this year compared to last year, primarily due to female homicides. However, we are still at record lows.

Take Home Messages

• 15-34 y/o males are still the largest group of homicide victims, but this group has seen a big reduction in last 8 years.

• Homicide/Suicide events are sporadic. 2011 has (so far) tied the highest number of events on record, but has the highest number of total fatalities (14 homicides, 9 suicides).

• Hispanic and Black, Males, and younger individuals are overrepresented as the suicide in homicide/suicides compared to all suicides.
Take Home Messages

• 15-34 y/o males are still the largest group of homicide victims, but this group has seen a big reduction in last 8 years.

• Homicide/Suicide events are sporadic. 2011 has (so far) tied the highest number of events on record, but has the highest number of total fatalities (14 homicides, 9 suicides).

• Hispanic and Black, Males, and younger individuals are overrepresented as the suicide in homicide/suicides compared to all suicides.
Thank you

Jonathan Lucas, M.D.
Deputy Medical Examiner
San Diego County Medical Examiner Office
858-694-3073
jonathan.lucas@sdcounty.ca.gov
Suicide Prevention in San Diego County

Background

- Every 15 Minutes
- One Per Day
- 11 to 1
- 3.4%
Live Well, San Diego!

Building Better Health by improving the health of residents and supporting healthy choices.  

Promoting Thriving Families by helping families becomes stable and independent.

Fostering Safe communities where all individuals and families are connected, secure and protected.

High-Risk Populations

- Veterans
- Middle aged men
- Older adults (65+)
- Recently divorced or separated
- History of:
  - Substance abuse
  - Sexual abuse
  - Previous suicide attempt
  - Suicide in family
  - Chronic mental health disorder
  - Co-occurring disorders
San Diego County Initiatives

- *It’s Up to Us* Media Campaign
- Mental Health Programs
- Suicide Prevention Action Plan & Suicide Prevention Council

It’s Up to Us Media Campaign
**SPEAK – Suicide Prevention Education Awareness and Knowledge Program**

- Serves students
- Education to school staff and families
- Reduce suicides and the negative impact of suicides in schools

**Other San Diego County Activities**

- Community presentations
- Prevention & Early Intervention Training and Technical Assistance Capacity Building Training focusing on community colleges and first responders
San Diego County Suicide Prevention Action Plan

Development of the Suicide Prevention Action Plan
**Suicide Prevention Action Plan**

- Recommends specific strategies targeted at three major groups:
  - The general public
  - At-risk groups
  - High-risk individuals that exhibit early signs of suicide
- Seeks to:
  - Enhance efforts to increase understanding and awareness of suicide
  - Decrease stigma associated with suicide
  - Ultimately reduce the number of suicides in San Diego County

**Suicide Prevention Council – Vision, Mission, Goals**

**Vision:** Zero suicides in San Diego County

**Mission:** To prevent suicide and its devastating consequences in San Diego County

*This can best be accomplished through*…

- **Enhancing collaborations** to promote a suicide-free community
- **Conducting needs assessments** to identify gaps in suicide prevention services and supports
- **Disseminating vital information** on the signs of suicide and effective help-seeking
- **Providing resources** to those affected by suicide and suicidal behavior
- **Advancing policies and practices** that contribute to the prevention of suicide
Suicide Prevention Council –
Core Values

The Suicide Prevention Council believes that these core values best support suicide prevention in San Diego County:

• A public health approach to prevention
• Collaboration and non-competitive partnerships
• Evidenced-based practices
• Cultural and linguistic sensitivity
• Coordinated and accessible services
• Support for individuals, families, and communities

What you can do

• Participate in the San Diego County Suicide Prevention Council

• Attend Question, Persuade and Refer (QPR) Suicide Prevention Trainings

• Link to www.Up2SD.org from your website
What you can do

Raise **awareness of risk factors** for suicide:

**Biopsychosocial Risk Factors**
- Mental disorders
- Alcohol and other substance abuse
- Hopelessness
- Impulsive or aggressive tendencies
- History of trauma or abuse
- Some major physical illnesses
- Previous suicide attempt
- Family history of suicide

**Environmental Risk Factors**
- Job or financial loss
- Relational or social loss
- Easy access to lethal means

- Local clusters of suicide that have a contagious influence

**Social-Cultural Risk Factors**
- Lack of social support and sense of isolation
- Stigma associated with help-seeking behavior
- Barriers to accessing care
- Certain cultural and religious beliefs
- Exposure to, including through media, and influence of others who have died by suicide

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**What you can do**

- **Media training** for law enforcement and other first responders

- Learn—and encourage those in your organization to learn—the **warning signs** for suicide
What you can do

• Spread the word about **available resources** for those at-risk of suicide and their friends and family:
  ✓ Access & Crisis Line: 800-479-3339
  ✓ The *It’s Up to Us* website: [www.Up2SD.org](http://www.up2sd.org)
  ✓ 2-1-1

Questions?

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