RIDING SAFELY ON THE STREET

BICYCLE BOXES

Bike boxes allow people biking to queue in front of vehicle traffic at signaled intersections. They provide a visible and safe place to stop during a red light.

BICYCLE SIGNALS

Bike signals indicate when people taking can safely cross an intersection using a dedicated traffic light with green, yellow, and red bicycle symbols. They specify bicycle-only movements to people biking throughout the intersection.

LOCK YOUR BIKE

Bicycle theft is a common problem. Never leave your bike unlocked; not even for a second! Use a high quality U-lock or the best cable lock you can afford.

Always lock the frame and front wheel to a secure rack or post, cross-stems can often be easily removed from a bike.

For extra security remove the front wheel and lock it with the frame and rear wheel.

Secured bike locker spaces are located at most transit centers. Register online at SANDAG.org and then use any of the over 600 spaces in the San Diego region.

BE SEEN, AND BE HEARD

Use lights at night or when visibility is poor. A white headlight, rear red reflector, and side reflectors are required by law. Rear red lights are strongly encouraged.

Bike bells are a great way to communicate with those around you.

USE A HELMET

Helmets are required for bicyclists under 18 and recommended for all users.

Your helmet should fit snugly. Make sure it is level and is not tilted back or forward.

The front of the helmet should sit above your eyebrows and the chinstrap should be buckled securely at your throat.

Baking predictably and following the law are keys to safe bicycling on San Diego’s streets.

YIELD TO PEDESTRIANS

If you ride on the sidewalk, yield to pedestrians and slow down or stop when safe. Use an audible warning prior to passing a pedestrian.

AVOID THE DOOR ZONE

When riding next to parked cars, be sure to stay outside the “door zone.” This space is typically 1 to 4 feet from the car.

RIDE IN A STRAIGHT LINE

Avoid weaving between parked cars.

RIDE WITH TRAFFIC

Never ride against traffic. Motorists and pedestrians are not looking for bicyclists riding the wrong way down a street.

NAVIGATING INTERSECTIONS

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FREE BIKE MAP SAN DIEGO REGION

SANDAG.org

UC SAN DIEGO AND SORRENTO VALLEY

DOWNTOWN AND NEIGHBORING COMMUNITIES

CAMP PENDLETON

FALLBROOK

BORREGO SPRINGS

PIEVEY VALLEY

UC SAN DIEGO