Research findings from the Criminal Justice Clearinghouse



Project overview

Project Living in Freedom from Exploitation (LIFE) has been implemented by North County Lifeline (NCL) since October 2011. Project goals include identification, engagement, and provision of culturally appropriate services for all human trafficking victims regardless of age, gender, gender identity, country of origin, or the specific type of trafficking (sex, labor, and/or domestic servitude) and gender-specific support for male and LGBTQ trafficking victims. Project LIFE offers the comprehensive trauma-informed supportive case management and trauma counseling for victims in San Diego County, with specialized services for LGBTQ and male trafficking victims. Support and services are provided to clients in three phases, with interventions customized based on client need, strengths and interests. During the analysis period, NCL reported engagement with 306 unique clients across all levels.

Program Mode

PHASE 1

Victim/Orientation

Emergency response Case management introduction Immediate need service referral

PHASE 2

Survivor/Stabilization

Ongoing case management Short-term interventions

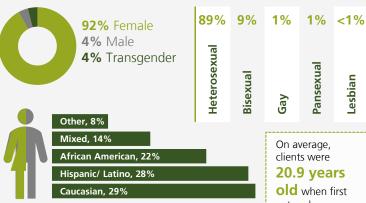
PHASE 3

Thriver/Empowerment

Ongoing/transition case management Ongoing referral to increased services Long-term recovery strategies







entered trafficking life

Figure 2: Countries of origin



Most clients named the United States of America as their country of origin, with an additional 9% from Mexico and 2% from China. The remaining clients (5%) identified countries in Asia, South America, and Eastern Europe as their place of origin.

Project staff gathered information on trafficking previously experienced by clients to inform case management strategies and therapy referrals.

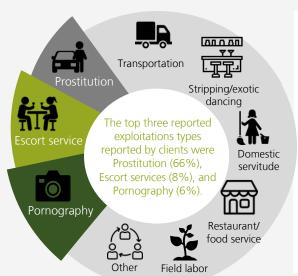
NOTE: Cases with missing data not included.

PRIMARY TYPE OF TRAFFICKING



Figure 3: Exploitation summary

TRAFFICKING TYPES



SETTINGS OF TRAFFICKING

28% Street 44% Hotel/Motel 25% Private Home

Other (1%-5%):

Parking Lot, Strip Club, Brothel, Group Home, Bar, Casino, Other, Bus Station, Office, Retail, Restaurant, Agriculture/Farm, Construction, Factory, Massage Parlor

NOTE: Percentages not equal to 100 due to multiple responses per client. Cases with missing data not included.

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Figure 4: Service delivery

Project LIFE facilitated the connection to 24 different service types over the study period. Notably, 10 service types were delivered to over half of the client group. The top three most common services provided to clients were Emotional/ Moral Support (99%), on-going case management (95%), and safety planning (93%).

Substance Use Treatment Mental Health Child Care

Crisis Hotline Social Service

Emotional/Moral Support

Other Case Management

Orientation Employment Transportation Victim Advocacy

In addition to the services above, the program has ongoing efforts to connect clients with various housing options across the county.



67%

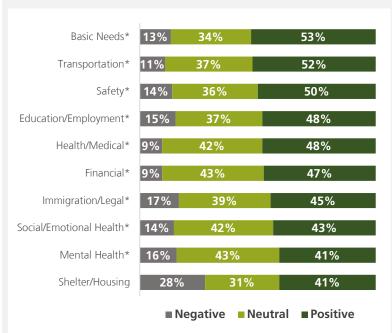




Family

41%

Figure 6: Directionality of changes in Matrix domains between pre- and post- assessments



TOTAL=138-160

* Significant at the p<0.05 level NOTE: Cases with missing data not included.

Figure 5: Matrix domains and percent of clients scoring in crisis or vulnerable at intake

The Matrix is an assessment tool used to inform the case plan and assist staff in monitoring client progress towards self-sufficiency over time. The matrix measures client improvement in terms of level of stability across domains. Possible scores are:

- 1-2: In Crisis or vulnerable
- 3: Stable
- 4-5: Safe/self-sufficient or thriving

Percentage of clients in crisis or vulnerable at intake

	Financial	85%	×	Basic needs	63%
	Mental health	83%	•	Health/ medical	58%
	Education/ employment	76%	lack	Safety	61%
iii	Social and emotional health	74%	ĸ	Immigration/ legal	54%
•••	Transportation	69%		Shelter/ housing	53%

TOTAL= 138-160

What did the Matrix reveal about clients?

- reported being least stable in Financial, Education/Employment, and Mental Health
- From pre- to post- assessment there was an average positive shift across all 10 domains.
- The largest average positive changes were in the Basic Needs, Health/Medical, and Financial domains.
- clients are shifting towards stability across most areas; however, the ultimate goal of Project LIFE to support clients to achieve ratings of Safe/Selfsufficient or Thriving in each domain is still in

Questions regarding these statistics should be directed to the Applied Research Division of SANDAG.

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